

Swanson

U L T R A®

The Most Advanced Nutrition Technology

SOFTGELS

Full Spectrum® Carotenoid Complex

Dietary Supplement

30 SOFTGELS



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel per day with water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin A..... 7,500 mcg RAE.....	833%
(as beta carotene from palm)	
Lyc-O-Mato® Lycopene..... 20 mg.....	
(tomato fruit extract)	
Lutein (from marigold flower extract).. 6 mg.....	
Alpha Carotene (from palm carotene).. 6 mg.....	
Astaxanthin..... 4 mg.....	
Zeaxanthin (from zeaxanthin and..... 2 mg.....	
marigold flower extract)	
Gamma Carotene..... 53 mcg.....	
(from palm carotene)	

*Daily Value not established.

Other ingredients: Sunflower oil, palm oil, gelatin, yellow beeswax, glycerin, safflower oil, deionized water, sunflower lecithin, carob (contains carob extract, caramel color, glycerin), corn oil, dl-alpha tocopherol.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com

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