

DYMATIZE
NUTRITION

FLÜD

100% WAXY MAIZE

DIETARY SUPPLEMENT

Accelerated Recovery^{*}
Reloads Muscle Glycogen Ultra Fast^{*}
Ultimate Muscle Hydration^{*}
Added Anti-Oxidants
Added Vanadyl Sulfate

FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED

NET WT 4.14 LBS (1,878g)



Anything you take in, you take in more of, you take in more efficiently and you take in more quickly with FLÜD.[†]

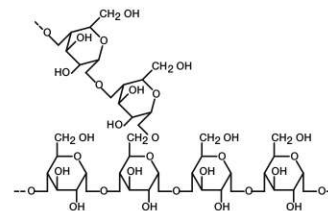
Dymatize **FLÜD** is the ultimate super supplement and nutrient transport system. The key to the power of **FLÜD** is Dymamylopectin—a long-chain complex carbohydrate derived from ultra high-density waxy maize starch.^X

Dymatize **FLÜD**'s unique sugar-free, proprietary pharmaceutical-grade blend of waxy maize acts as an "internal vacuum" by pulling nutrients and water directly to the muscle bellies while virtually by-passing digestion in the stomach. This "vacuum-like process" is activated by its high molecular weight which is more than 100 times greater than maltodextrin, and nearly 3000 times greater than dextrose! Due to this high molecular weight and rapid absorption, there is virtually NO BLOATING or stomach discomfort. This is the power of **FLÜD**.^X

Dymatize **FLÜD** supplementation promotes the appearance of increased muscularity while increasing energy storage and super-hydration.^X

Dymatize **FLÜD**'s superior results are further optimized by incorporating a unique enzyme blend optimized for carbohydrate digestion, Vanadyl Sulfate and Alpha Lipoic Acid, to help maximize glycogen transport and storage.^X

DYMATYLOPECTIN



^{*} Fergason, V. (2001). High Amylose and Waxy Corns (pp. 63-84). Specialty Corns. A. R. Hallauer, Boca Raton, CRC Press: 479 pp.
^{*} White, P. J. (1994). Properties of corn starch (pp. 29-54). Specialty corns, Boca Raton, CRC Press: 410 pp.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BUILDING BETTER BODIES®
DYMATIZE.COM



Manufactured & Distributed by:
Dymatize Enterprises Inc.
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Supplement Facts

Serving Size: 1 Scoop (31 g)
Servings Per Container: 60⁺

Amount Per Serving			
Calories	120	Calories from Fat	0 g
	%DV*		%DV*
Total Fat 0 g	0%	Total Carbohydrate 30 g	10%
Saturated Fat 0 g	0%	Dietary Fiber 0 g	0%
Trans Fat 0 g	0%	Sugar 0 g	
Cholesterol 0 mg	0%	Other Carbohydrates 30 g	
Sodium 100 mg	4%	Protein 0 g	
Vitamin A	35%	Calcium	0%
Vitamin C	40%	Iron	2%
Vitamin E	35%	Vanadyl Sulfate 5 mg	†
Alpha Lipoic Acid 50 mg			†
Amylase Digestive Enzyme Blend	15mg		†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.
† Daily Value not established.

INGREDIENTS: Dymamylopectin (pure Amylopectin derived from Domestic Waxy Maize), Natural & Artificial Flavors, Acesulfame Potassium, Ascorbic Acid, Vitamin E Acetate, Red #40, Vitamin A Palmitate, Vanadyl Sulfate.

DIRECTIONS: For best Results: Training days: Mix one full serving of FLÜD (31 grams) with 8-10 oz. of water and consume immediately before and after your workout.

For Maximum results, you can combine your favorite pre or post workout nutrients along with FLÜD to help transport them directly into your muscle tissue.

FLÜD can also be taken any time during the day, and is best taken on an empty stomach.

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