

Swanson ULTRA[®]

The Most Advanced Nutrition Technology
SOFTGELS

Red Palm Oil Concentrate 100:1 with Medium-Chain Triglycerides

Dietary Supplement
SPECTRA™ 10/5

60 SOFTGELS



- DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel per day with food and water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	1 g	5%†
Medium-Chain Triglycerides (from coconut oil)	750 mg	*
SPECTRA™ 10/5 Red Palm Oil Concentrate 100:1	250 mg	*

Typically Providing Minimum:

Mixed Tocotrienol/Tocopherol Complex 10%
(d-gamma tocotrienol, d-delta tocotrienol, d-alpha tocotrienol, d-beta tocotrienol)

Mixed Carotenoid Complex 5%
(alpha-carotene, beta-carotene, lycopene, other carotenoids)
Plant Squalene 2%

Phytosterols Complex 1%

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified (deionized) water, annatto, zinc oxide.

Contains tree nuts (coconut).

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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