

**REFRIGERATE AFTER OPENING.
SHAKE WELL BEFORE USE.**

Recommendations: As a dietary supplement, take 2 teaspoons daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about our
hypoallergenic supplements

Use only if safety seal
is intact.

Contents may not fill package
in order to accommodate
required labeling. Please rely
on stated quantity.

Made with Vitashine

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trademark for Kemira
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CHROMEMATE®

ChromeMate® brand niacin-bound chromium.
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pure
encapsulations®

LiquiNutrients

*Liquid multivitamin/mineral with
berry and vegetable blend for
daily wellness†*

Natural lemon crème flavor

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

7.8 fl oz (230 ml)

Supplement Facts

Serving size 2 tsp (10 ml/0.34 fl oz)

Servings per container 23

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	4 g	1% ^
Vitamin A (as beta carotene)	300 mcg	33%
Vitamin C (as ascorbic acid)	100 mg	111%
Vitamin D (as cholecalciferol D ₃) (from lichen)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha tocopherol acetate)	20 mg	134%
Thiamin (as thiamin HCl)	7.5 mg	625%
Riboflavin (as riboflavin-5-phosphate)	4 mg	308%
Niacin (as niacinamide)	25 mg	156%
Vitamin B ₆ (as pyridoxine HCl)	5 mg	294%
Biotin	400 mcg	1,333%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	500%
Calcium (as calcium citrate)	40 mg	3%

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols

Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc gluconate)	12 mg	109%
Manganese (as manganese gluconate)	1 mg	43%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as molybdenum citrate)	75 mcg	167%
Boron (as boron glycinate)	0.7 mg	*
FloraGLO® lutein	3 mg	*
Fruit and vegetable powder blend (organic)	150 mg	*
strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage leaf, parsley leaf, brussels sprout edible head, green bell pepper fruit, cucumber whole fruit, celery stalk, garlic bulb, ginger root, green onion, cauliflower curd, asparagus stalk		

* Daily value (DV) not established

^ Percent daily values are based on a 2,000 calorie diet

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured in Canada for: **Pure Encapsulations**

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code: **LON22**