

swanson.com
or call 1-800-437-4148

- Maintains bone and dental health
 - Increases calcium absorption and balance
 - Boosts immune activity
- Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



D-3

with Coconut Oil

VITAMIN D-3

Bone and Immune Health

2,000 IU

HIGH-POTENCY

DIETARY SUPPLEMENT | 60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	
Vitamin D-3 (as cholecalciferol)	50 mcg	250%
Certified Organic Coconut Oil	1 g	*

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, medium-chain triglycerides oil (coconut).
Contains tree nuts (coconut).

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