



RealReds: The Right Fruits for Real Health

RealReds Advanced Phytonutrient Blend with Fiber is a ready-to-mix blend of red & purple superfruits in a base of organic blue agave.

RealReds delivers a concentrated amount of phytonutrients (polyphenols) – equivalent to 6 servings of whole fruits – at a fraction of the calories and sugar. These bioactive compounds help fortify your body's antioxidant defenses, modulate your body's natural inflammatory response and combat premature aging. Blue agave, a natural source of inulin, promotes the growth of beneficial (probiotic) gut bacteria critical for optimal digestive, immune and metabolic health.**

Consuming an optimal intake of phytonutrients from food alone can be difficult. **RealReds** helps fill the gap – the phytonutrient gap – while providing an excellent source of dietary fiber with 2 grams of net carbs, making it a perfect companion for low-carb diet plans.**

RealReds is Non-GMO, gluten-free, and contains NO milk, egg, fish, shellfish, soy, peanuts, tree nuts, or wheat. Contains NO artificial colors, flavors, preservatives or sweeteners.



** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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RealReds™

Advanced Phytonutrient Blend With Fiber

Natural Berry Flavor

Protective Polyphenol Content of 6 Fruit Servings**

6 Grams Fiber & 1 Gram Sugar Per Serving

Promotes a Healthy Inflammatory Response**

Helps Combat Premature Aging**

Non-GMO, Gluten-free, No Added Sugars or Artificial Sweeteners

Dietary Supplement • Net Wt. 10 oz (285 g)

Suggested Use: As a dietary supplement, mix 1 scoop (about 1 tablespoon) in 8 fl. oz. of filtered water or blend into a healthy shake per day, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size: 1 scoop (8.5 g)

Servings per Container: 30

Amount per Serving	%DV	Amount per Serving	%DV
Calories	35	Organic Vibrant Harvest™	200 mg †
Total Carbohydrate	8 g 3%*	Strawberry Whole Fruit Powder	
Dietary Fiber	6 g 24%*	AuroraBlue® Wildcrafted Blueberry	150 mg †
Sugars	1 g †	Fruit Complex (V. ovalifolium Sm., V. alaskaense How., V. uliginosum L., V. cespitosum Michx.)	
Organic AppleActivDAPP™	750 mg †	Powder (20% total flavonoids)	
Dried Apple Peel Powder (3% polyphenols)		Red Orange Complex®	100 mg †
CherryPURE® Tart Cherry Skin	480 mg †	Orange Fruit & Peel Extract (8.5% flavanones, 2.8% anthocyanins, 1.8% hydroxycinnamic acids)	
Powder (2% proanthocyanidins)		Cellberry® Aronia melanocarpa	45 mg †
Activin® Grape Seed Extract	375 mg †	Fruit Extract (10% anthocyanins)	
(90% total polyphenols)		Organic Agave Aquilone	5,080 mg †
Wonderful Variety Pomegranate	200 mg †	Stem Ball Powder (min. 90% inulin)	
Fruit Extract (75% total polyphenols)			

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Natural flavors, organic guar gum, citric acid, silica, and organic stevia leaf extract.

Precaution: As with any dietary supplement, you should advise your health care practitioner of the use of this product. If you are nursing, pregnant, taking any medications or have or suspect a medical condition, you should consult your healthcare practitioner prior to using this product.

RealReds features a unique fruit and berry blend exclusively from plants grown in North America, South America and Europe, including Alaska wild blueberries, Canadian apples, California pomegranates and other highly prized botanicals such as:

Red Orange Complex® Extract, from blood oranges grown in Sicily, clinically shown to fortify the body's antioxidant defenses and help reduce the signs of premature aging.**

CherryPURE® Whole Cherry Fruit Powder, from tart whole Montmorency cherries grown in the United States, clinically shown to reduce post-exercise muscle soreness and combat the stress of overexertion.**

Activin® Grape Seed Extract, from fresh California grapes, clinically shown to reduce oxidative stress and promote a healthy inflammatory response.**

And the taste of **RealReds** is simply delicious.



Distributed by: RealDose Nutrition LLC, Boulder, CO 80302

Order online at RealDoseNutrition.com or by Phone: (800) 928-5580

Certified Organic by QAI

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Cellberry® is a registered trademark of IN Ingredients, Inc.

CherryPURE® is a registered trademark of Shoreline Fruit, LLC.

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STORE IN A COOL, DRY PLACE. DO NOT PURCHASE IF SEAL IS BROKEN.