

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 dropper daily, 1/2 to 1 hour before bedtime, or as directed by your health professional.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Keep out of the reach of children



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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pure
encapsulations®

Melatonin liquid

*Supports the body's natural
sleep cycle†*

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
30 ml (1 fl oz)

Supplement Facts

Serving size 1 ml (0.03 fl oz) (one full dropper)
Servings per container 30

	Amount Per Serving	%DV
Melatonin (micronized)	2.5 mg	*

*Daily value (DV) not established

Other ingredients: purified water, apple juice concentrate, natural vegetable glycerin, black currant juice concentrate, xanthan gum, potassium sorbate, citric acid, purified stevia leaf extract

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured in Canada for: **Pure Encapsulations**
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code: **MEL3**