

For more information, please visit
integrativepro.com.

Recommendation: Take 1 capsule one
to three times daily before meals, or
as recommended by your healthcare
professional.

Contains no sugar, salt, yeast, wheat, gluten,
corn, soy, dairy products, artificial colors, flavors,
preservatives or ingredients of animal origin.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



5-HTP

5-HYDROXYTRYPTOPHAN

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount per Capsule	% DV
L-5-Hydroxytryptophan (5-HTP) (from <i>Griffonia simplicifolia</i>) Bean	50 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, hydroxypropyl
methylcellulose (vegetable capsule)

Warning: This product should not be consumed by
children under the age of 12 years or by pregnant or
nursing women. Some may experience gastrointestinal
(GI) upset including abdominal cramping, nausea
or diarrhea while taking this product. As with any
supplement, if discomfort persists discontinue use.
Those suffering from GI disorders such as ulcers,
irritable bowel syndrome, Crohn's disease, ulcerative
colitis or celiac disease, should not use 5-HTP. Those
taking prescription anti-depressants should not use
5-HTP. Do not take this product if you have or are taking
medications for epilepsy, scleroderma or Parkinson's
disease. This product may cause drowsiness and should
not be used while driving or operating heavy equipment.