

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1–4 capsules daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

Scan to learn about our hypoallergenic supplements



Magnesium (citrate)

*Supports cardiometabolic,
neurocognitive and
musculoskeletal health[†]*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

90 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 90

	Amount Per Serving	%DV
Magnesium (as magnesium citrate)	150 mg	36%
%Daily value (DV)		

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.