

TryptoPure® is a registered trademark of Ajinomoto AminoScience LLC.

Suntheanine® is a registered trademark of Taiyo International, Inc.

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

0 48107 08399 1



Sleep Soundly™ Advanced

DIETARY SUPPLEMENT

Calms, relaxes and supports restful sleep*

Features melatonin, L-theanine and tryptophan

30 CAPLETS

CODE 765012

HLG

DIRECTIONS: As a dietary supplement, take one caplet 60-90 minutes before bedtime.

Supplement Facts

Serving Size One Caplet

Amount Per Serving

TryptoPure® (L-Tryptophan)	500 mg	*
Proprietary Calming Blend	200 mg	*
Passion Flower Herb (<i>Passiflora incarnata</i>), Lemon Balm Extract (<i>Melissa officinalis</i>), Chamomile Flower (<i>Chamomilla recutita</i>), Valerian Root (<i>Valeriana officinalis</i>)		
Suntheanine® L-Theanine	50 mg	*
Melatonin	3 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Dicalcium Phosphate, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Carmine Color, Red Cabbage Juice Powder.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery. Do not exceed recommended dose.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

Lot No. / Best By: