

KEEP REFRIGERATED

Recommendations: As a dietary supplement, take 1 capsule, 1–4 times daily, with meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Indole-3-Carbinol
200 mg

Supports cellular health[†]

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

120 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 120

	Amount Per Serving	%DV
Indole-3-carbinol	200 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water),
hypoallergenic plant fiber (cellulose)

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **I321**