

Discover Nature's Answer

and trust
the Difference...®

The True Nature of Our Standards
go way beyond the herb...™

*This statement has not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.



Store in a cool, dry place.



NATURE'S ANSWER

Since 1972

Milk Thistle

Promotes Healthy Liver Function*

**Minimum
150 mg
Silymarin**

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Dietary Supplement

60 Vegetarian Capsules

Gluten-Free
Vegan



Supplement Facts

Serving Size 1 Veggie Capsule

Servings per container 60

Amount Per Serving

Milk Thistle (<i>Silybum marianum</i>) Seed Extract (standardized for 80% Silymarin)	175 mg †
Milk Thistle (<i>Silybum marianum</i>) (seed)	20 mg †

† Daily Value not established.

Other Ingredients: Rice Flour, Vegetable Cellulose (capsule),
Calcium Silicate.

Suggested Use: As a dietary supplement, take one (1) capsule
three (3) times a day with food or water.

WARNING: Keep Out of Reach of Children.

Do not use if safety seal is damaged or missing. If you are
pregnant, nursing, taking any medications, planning any medical
procedure or have a medical condition, consult with your
healthcare practitioner before use.

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