

Suggested Use: Add boiling water to cup. Steep 1 tea bag 4-6 minutes. Add sweetener if desired.

Warning: If you are using this product for any other purpose than as a spice, tea or seasoning please read the following warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

Supplement Facts

Serving Size 2 g (1 tea bag)

Servings Per Container 6

Amount Per Serving	% Daily Value	
Calories	7	
Carbohydrates	1 g	<1%†
Fiber	1 g	2%†
Protein	1 g	1%†
Calcium	31 mg	3%
Peppermint leaf cut (<i>Mentha piperita</i>)	2 g	*

* Daily Value not established

† Percent Daily Values are based on a 2,000 calorie diet

KEEP OUT OF REACH OF CHILDREN

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342

To Reorder Call: 1-800-644-8327

Website: www.botanicchoice.com

Herbal Supplement
(6 Tea Bags)



Peppermint
Leaf

