Suggested Use: Add boiling water to cup. Steep 1 tea bag 4-6 minutes. Add sweetener if desired.

Warning: If you are using this product for any other purpose than as a spice, tea or seasoning please read the following warning: If you are taking any medications or are pregnant or nursing, do not use

prior to consulting a physician.

Supplement Facts

Serving Size 1 g (1 tea bag) Servings Per Container 6

Amount Per Serving % Daily Value Carbohydrates <1%† Chamomile flower whole 1 g

* Daily Value not established

(Matricaria chamomilla)

† Percent Daily Values are based on a 2,000 calorie diet

KEEP OUT OF REACH OF CHILDREN

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Herbal Supplement (6 Tea Bags)



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