Suggested Use: Add boiling water to cup. Steep 1 tea bag 4-6 minutes. Add sweetener if desired.

Warning: If you are using this product for any other purpose than as a spice, tea or seasoning please read the following warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

## Supplement Facts

Serving Size 2 g (1 tea bag) Servings Per Container 6

3		
Amount Per Serving	% Da	aily Value
Calories	7	
Carbohydrates	1 g	<1%†
Fiber	1 g	3%†
Japanese Green herb Tea cut <i>(Camellia</i>	2 g sinensis	*

- \* Daily Value not established
- † Percent Daily Values are based on a 2,000 calorie diet

## KEEP OUT OF REACH OF CHILDREN

Distributed by: Indiana Botanic Gardens, Inc. 3401 W. 37th Ave. Hobart, IN 46342 To Reorder Call: 1-800-644-8327 Website: www.botanicchoice.com

> Herbal Supplement (6 Tea Bags)



