

STORE IN A COOL, DRY PLACE.
Recommendations: As a dietary supplement,
take 2 capsules , 1-3 times daily, between meals.

Warning: Not to be taken by pregnant or
lactating women. If you have any health
condition or are taking any medication,
particularly psychiatric medication, consult your
health professional before use. Do not use
concurrently with antidepressants.

Keep out of the reach of children.



Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org

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L-Tryptophan

*Supports serotonin synthesis for
emotional wellness and restful sleep†*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

90 CAPSULES



Supplement Facts		
Serving size 2 capsules Servings per container 45		
	Amount Per Serving	%DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	6.7 mg	394%
TryptoPure™	1,000 mg	*
*Daily value (DV) not established		

Other ingredients: vegetarian capsule (cellulose, water)



**†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.**