

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, children ages 2 to 3, take 1 chewable tablet daily, with a meal. Ages 4 and up, take 2 chewable tablets daily, with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.
Product may have a mottled appearance

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Scan to learn about our hypoallergenic supplements



PurePals
(with iron)

No added sugar or fructose;
Chewable daily multivitamin/
mineral formula[†]

Natural cherry flavor

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

90 CHEWABLE TABLETS

Supplement Facts

Serving size	1 tablet (ages 2 to 3)		2 tablets (ages 4 and up)	
Servings per container	90		45	
	Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	3		6	
Total Carbohydrate	1 g	1%^^	2 g	<1% [^]
Total Sugars	0 g	*	0 g	*
Sugar Alcohols	1 g	*	2 g	*
Vitamin A (as vitamin A palmitate and 71% beta carotene)	525 mcg	175%	1,050 mcg	117%
Vitamin C (as ascorbic acid, calcium ascorbate and magnesium ascorbate)	125 mg	833%	250 mg	278%
Vitamin D (as cholecalciferol) (D ₃)	5 mcg (200 IU)	33%	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	8 mg	134%	16 mg	107%
Thiamin (as thiamin mononitrate) (B ₁)	1.5 mg	300%	3 mg	250%
Riboflavin (vitamin B ₂)	0.85 mg	170%	1.7 mg	131%
Niacin (as niacinamide)	7 mg	117%	14 mg	88%
Vitamin B ₆ (as pyridoxine HCl)	1 mg	200%	2 mg	118%
Folate (as folic acid)	333 mcg DFE (200 mcg folic acid)	222%	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as methylcobalamin)	3 mcg	333%	6 mcg	250%

Other ingredients: xylitol, natural cherry flavor, vegetable oil esters, malic acid, ascorbyl palmitate, red beet root juice, silica, lo han (*Momordica grosvenorii*) extract (fruit)

Biotin	150 mcg	1,875%	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate) (B ₅)	6 mg	300%	12 mg	240%
Choline (as choline bitartrate)	20 mg	10%	40 mg	7%
Calcium (as calcium citrate and calcium ascorbate)	50 mg	7%	100 mg	8%
Iron (as iron tris-glycinate)	4.5 mg	64%	9 mg	50%
Iodine (from kelp)	7.5 mcg	8%	15 mcg	10%
Magnesium (as magnesium aspartate and magnesium ascorbate)	20 mg	25%	40 mg	10%
Zinc (as zinc aspartate)	1 mg	33%	2 mg	18%
Selenium (as selenium amino acid chelate)	20 mcg	100%	40 mcg	73%
Copper (as copper amino acid chelate)	100 mcg	33%	200 mcg	22%
Manganese (as manganese amino acid chelate)	1 mg	83%	2 mg	87%
Chromium (as chromium picolinate)	20 mcg	182%	40 mcg	114%
Molybdenum (as molybdenum amino acid chelate)	2.5 mcg	15%	5 mcg	11%
Potassium (as potassium aspartate)	5 mg	*	10 mg	<1%
Citrus bioflavonoids	5 mg	*	10 mg	*
Boron (as boron citrate)	10 mcg	*	20 mcg	*
Vanadium (as vanadium krebs cycle chelate)	1.5 mcg	*	3 mcg	*

* Daily value (DV) not established
[^] Percent daily values are based on a 2,000 calorie diet
^{^^} Percent daily values are based on a 1,000 calorie diet