

Directions: As a dietary supplement, take two softgel capsules daily with food.

Supplement Facts

Serving Size Two Softgel Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Vitamin A (50% as beta-Carotene and 50% as Fish Liver Oil)	5000 IU 100%
Vitamin C (as Ascorbic Acid)	500 mg 833%
Vitamin E (as dl-alpha Tocopheryl Acetate)	15 IU 50%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Sodium Selenate)	70 mcg 100%
Copper (as Copper Gluconate)	2 mg 100%
Antioxidant & Structural Support Complex	
DHA (Docosahexaenoic Acid)(as Fish Body Oil)	200 mg *
Setria™ L-Glutathione	50 mg *
Lutemax 2020™ Lutein	20 mg *
Zeaxanthin	4 mg *
Blood Flow Support Blend	
Bilberry Fruit Powder (<i>Vaccinium myrtillus</i>)	160 mg *
resVida® trans-Resveratrol	30 mg *

† Percent Daily Values based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Soybean Oil, Soy Lecithin, Caramel Color.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, No Dairy. **KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



resVida® is a trademark of DSM.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.



Setria® is a trademark of Kyowa Hakko Bio Co., Ltd.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PREVENTIVE NUTRITION®

Eye Health FORMULA

PHYSICIAN FORMULATED
NUTRITION SOLUTIONS

- Supports eye health with Lutemax 2020™ lutein proven to deliver 2x greater absorption^*
- Supports healthy eye function with potent carotenoid antioxidant blend*
- Provides structural support for the eyes with DHA, an omega-3 fatty acid essential for proper vision*



DIETARY SUPPLEMENT
60 SOFTGELS

Preventive Nutrition® Eye Health Formula contains clinically studied ingredients, additional key nutrients and a lifestyle program to support eye health.* It also offers a specialized blend of antioxidants and other nutrients to protect the eyes from cellular damage and support healthy blood vessel dilation and circulation.*

Essential Vitamins & Minerals – Both vitamin A and beta-carotene are required by eyes for normal, healthy function.* Also contains vitamins C and E and essential minerals such as selenium, copper and zinc that play an integral role in maintaining normal ocular function.*

Antioxidant & Structural Support – Provides powerful antioxidants, including lutein, zeaxanthin and glutathione, that work to protect eyes from oxidative damage.* The superior form of lutein in this formula has been shown to have 268% greater bioavailability than regular lutein.^ Zeaxanthin, a carotenoid found in the retina, has also been shown to support eye health.* DHA is an essential omega-3 fatty acid found in the eye membranes and is an important structural component of the eye for healthy vision.*

Blood Flow Support – Contains important nutrients to support healthy blood flow which is essential for eye health, including resVida® Resveratrol, clinically shown to enhance blood vessel dilation**, and bilberry, an antioxidant that helps protect ocular cells and supports enhanced blood circulation and healthy eye function.*

**In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

DEVELOPED WITH AND ENDORSED BY



ADVANCED KNOWLEDGE FOR BETTER HEALTH

The GNC Medical Advisory Board utilizes their in-depth medical knowledge and experience to aid in the creation and ongoing development of GNC products, helping GNC stay on the forefront of product innovation and delivering on our commitment to helping you LIVE WELL.

^In a randomized, double-blind, crossover study of 13 healthy volunteers, subjects took 20 mg of lutein in the form of Lutemax 2020™ or regular lutein on two occasions. Lutemax 2020™ resulted in statistically significantly higher lutein concentrations in the blood over the first 24 hour period in the subjects compared to when they took regular lutein.

GNC QUALITY COMMITMENT For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.