

Swanson ULTRA®

The Most Advanced Nutrition Technology

CAPSULES

Vitamin D & Boron Complex

Dietary Supplement

60 CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one to two capsules per day with water.

FutureCeuticals' Proprietary PhytoBoron compound FruiteX-B® is the only natural form boron complex identical to naturally occurring boron complexes found in fruit, vegetables and nuts.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
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Vitamin D (as cholecalciferol)	10 mcg 50%
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Boron (from 225 mg of FruiteX-B® PhytoBoron)	6 mg *
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* Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

FruiteX-B® is a registered trademark of VDF
FutureCeuticals, Inc., U.S. patent #5,962,049.



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