

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 4 capsules daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Pure Encapsulations PureFood Nutrients uses a combination of Biogurt® nutrients from Lactobacillus bulgaricus and Re-Natured® nutrients from Saccharomyces cerevisiae. Biogurt® and Re-Natured® are registered trademarks of Grow Company®, Inc.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fit package in order to accommodate required labeling. Please rely on stated quantity.



pure
encapsulations®

PureFood Nutrients

*Multivitamin/mineral complex providing a bio-transformed nutrient and cofactor matrix to support daily wellness**

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

120 CAPSULES

Supplement Facts

Serving size 4 capsules
Servings per container 30

	Amount Per Serving	%DV
Vitamin A (from Lactobacillus bulgaricus)	900 mcg	100%
Vitamin C (from Lactobacillus bulgaricus)	100 mg	111%
Vitamin D (from whole portobello mushroom (Agaricus bisporus))	25 mcg (1,000 IU)	125%
Vitamin E (from Lactobacillus bulgaricus)	10 mg	67%
Vitamin K (from Lactobacillus bulgaricus)	80 mcg	67%
Thiamin (B ₁) (from Lactobacillus bulgaricus)	11 mg	917%
Riboflavin (B ₂) (from Lactobacillus bulgaricus)	10 mg	769%
Niacin (as niacinamide) (from Saccharomyces cerevisiae)	19 mg	119%
Vitamin B ₆ (from Lactobacillus bulgaricus)	19 mg	1,118%
Folate (from Lactobacillus bulgaricus)	667 mcg DFE (400 mcg)	167%
Vitamin B ₁₂ (from Lactobacillus bulgaricus)	250 mcg	10,417%
Biotin (from Saccharomyces cerevisiae)	300 mcg	1,000%
Pantothenic acid (from Saccharomyces cerevisiae)	14 mg	280%
Choline (from Saccharomyces cerevisiae)	30 mg	5%
Calcium (from Lactobacillus bulgaricus)	9 mg	1%
Iodine (from Lactobacillus bulgaricus)	150 mcg	100%
Magnesium (from Lactobacillus bulgaricus)	26 mg	6%
Zinc (from Lactobacillus bulgaricus)	14 mg	127%
Selenium (from Lactobacillus bulgaricus)	55 mcg	100%
Manganese (from Lactobacillus bulgaricus)	1 mg	43%
Chromium (from Lactobacillus bulgaricus)	120 mcg	343%
Molybdenum (from Lactobacillus bulgaricus)	50 mcg	111%
	150 mg	*

PureFood organic fruit and vegetable blend (from apple fruit pulp, strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage head, parsley leaf, brussel sprout, green bell pepper fruit, cucumber fruit, celery stalk, garlic clove, ginger root, green onion bulb, cauliflower curd, asparagus shoot)

* Daily value (DV) not established

Other ingredients: microcrystalline cellulose, vegetarian capsule (cellulose, water), ascorbyl palmitate, silica