

swanson.com
or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Helps protect cartilage
- Maintains healthy connective tissue

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three times per day with water.

TruFlex® is a registered trademark of Swanson Health Products.



WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Glucosamine & Chondroitin

Joint Health and Mobility

FEATURING TruFlex®

DIETARY SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

TruFlex® Glucosamine Sulfate (from glucosamine sulfate 2KCl) (shrimp)	500 mg*
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TruFlex® Chondroitin Sulfate	400 mg*
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*Daily Value not established.

Other ingredients: Gelatin, medium-chain triglycerides oil (palm), magnesium stearate, silica.

Contains shellfish (shrimp).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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