

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

CAPSULES

Albion[®] Chelated Chromium

Mineral Supplement

180 CAPSULES • 200 mcg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to two times per day with food and water.

WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Chromium	200 mcg	571%
(from TRAACS [®] chromium nicotinate glycinate chelate)		

Other ingredients: Rice flour, gelatin, maltodextrin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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