

swanson.com
or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Helps protect cartilage
- Maintains healthy connective tissue

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet two times per day with food and water. Timed-release gradually over 6 to 8 hours.

TruFlex® is a registered trademark of Swanson Health Products.



WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Glucosamine & Chondroitin Sulfate

Joint Health and Mobility

TIMED-RELEASE FORMULA

DIETARY SUPPLEMENT | 120 TABLETS

Supplement Facts

Serving Size 1 Timed-Release Tablet

Amount Per Serving

TruFlex® Glucosamine Sulfate 750 mg**
(2KCl) (from shellfish)

TruFlex® Chondroitin Sulfate 600 mg**
USP

**Daily Value not established.

Other ingredients: Methylcellulose, stearic acid, microcrystalline cellulose (plant fiber), calcium carbonate, aqueous film-coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol), magnesium stearate, croscarmellose sodium, acacia, maltodextrin.

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