

AM/PM MENOPAUSE FORMULA™

MENOPAUSE RELIEF

60 TABLETS

DIETARY SUPPLEMENT

LBZ77206.13
BLK720F, BLK721B



AM FORMULA

Supplement Facts

Serving Size 1 Tablet

Amount per Tablet	% DV
Green Tea (<i>Camellia sinensis</i>) Leaf Extract (Sunphenon®) standardized to contain 50 mg caffeine	250 mg**
Asian Ginseng (<i>Panax ginseng</i>) Root Extract standardized to contain 7% ginsenosides	100 mg**
Black Cohosh (<i>Cimicifuga racemosa</i>) Root and Rhizome Extract standardized to contain 2.5% triterpene glycosides calculated as 27-deoxyactein	20 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium carboxymethyl cellulose, stearic acid, hydroxypropyl methylcellulose, titanium dioxide color, glycerin, magnesium stearate, silicon dioxide

PM FORMULA

Supplement Facts

Serving Size 1 Tablet

Amount per Tablet	% DV
Valerian (<i>Valeriana officinalis</i>) Root Extract standardized to contain 0.8% valerenic acids	200 mg**
Hops (<i>Humulus lupulus</i>) Flower Extract	100 mg**
L-Theanine (Suntheanine® brand)	50 mg**
Black Cohosh (<i>Cimicifuga racemosa</i>) Root and Rhizome Extract standardized to contain 2.5% triterpene glycosides calculated as 27-deoxyactein	20 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, hydroxypropyl methylcellulose, sodium carboxymethyl cellulose, magnesium stearate, silicon dioxide, carrot and paprika extract color, soy lecithin, carnauba wax

Contains soy.

For more information, please visit integrativepro.com.

Recommendation: **AM:** Take 1 (white) AM tablet in the morning. **PM:** Take 1 (purple) PM tablet approximately 30-45 minutes before bedtime. It may take four to five weeks to achieve full benefits. Continue use to maintain benefits, or as recommended by your healthcare professional.

Warning: Do not use if pregnant, nursing, or by children under 18 years of age. Do not use if sensitive to caffeine. Each serving of the AM Formula contains 50 mg of caffeine. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. Avoid alcohol and do not drive or operate machinery while taking this product. If taking medications for diabetes, sedatives, tranquilizers, or any other medications, consult a healthcare professional before use.

Keep out of reach of children.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc. Sunphenon® is a registered trademark of Taiyo International, Inc.

Contains no sugar, salt, yeast, wheat, gluten, dairy products, artificial flavors, preservatives, or ingredients of animal origin.

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This product has a tamper-evident blister sheet.
Do not use if foil or plastic is punctured!

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.