

STORE IN A COOL, DRY PLACE.

Recommendations: Take 1 bottle 30-60 minutes before bedtime.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Keep out of the reach of children.

Suntheanine® is a registered trademark of Taiyo International, Inc.



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This product was sealed for your protection. Do not use if box or contents are open or damaged.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Sleep Solution Special Features:

- Offers a blend of nutrients designed to promote relaxation and sleep quality[‡]
- Convenient ready-to-drink bottle for easy bedtime and travel use
- Great-tasting, natural raspberry-lemonade flavor
- No artificial sweeteners or flavors



Sleep Solution
(single dose liquid)

Raspberry-lemonade flavor

*Convenient single-serving liquid formula
to provide support for occasional sleeplessness[‡]*

Gluten-free, Non-GMO & Hypoallergenic Dietary Supplement

BOX CONTAINS 6 BOTTLES (6 – 1.96 fl oz / 58 ml bottles)

Supplement Facts

Serving size 1.96 fl oz / 58 ml (1 bottle)
Servings per container 6

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	2 g	<1% [^]
Sugar Alcohols	2 g	*
Magnesium (as magnesium citrate)	145 mg	35%
Glycine (free-form)	3 g	*
Suntheanine® L-theanine	100 mg	*
Melatonin	2 mg	*

* Daily value (DV) not established
[^] Percent daily values are based on a 2,000 calorie diet

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured in Canada for: **Pure Encapsulations**
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