Plant Head® Men's Formula helps keep men energized and happy!*

SUGGESTED USE: As a dietary supplement, add in one (1) level scoop (31g) of Plant Head® Men's Formula to 8-12 oz. of water, juice, soy, rice or almond milk. Cover, blend or shake well, and enjoy! Drink our Plant Head® Men's Formula once daily on an empty stomach or with a light meal.

Plant Head® Men's Formula is an unsurpassed, advanced phytonutrient superfood which supplies uniquely combined nutraceutical ingredients including pea protein, greens, fiber & much more.

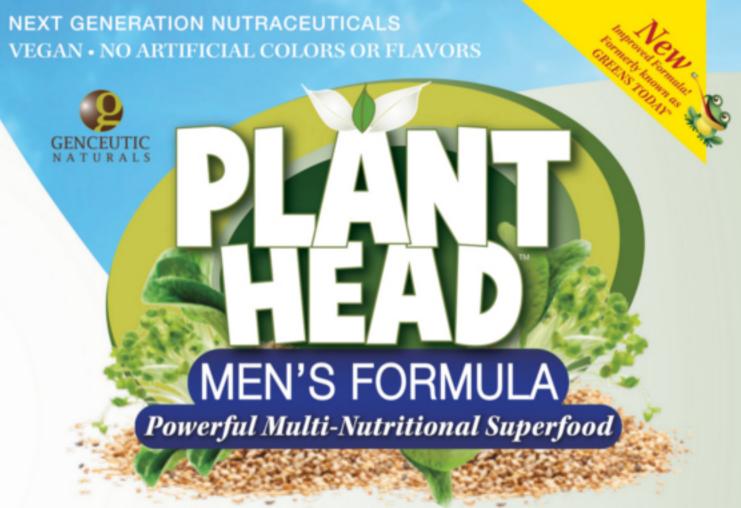


15 Servings

Store in a cool, dry place. This product is sold by weight, not volume. Settling of contents may occur during shipping and handling.

warning: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



20 grams of PEA PROTEIN/Per Serving

3 grams of GREEN SUPERFOODS BLEND/Per Serving

Alfalfa Grass, Barley Grass, Wheat Grass & Oat Grass!

ietary Supplement

Vet Wt. 16.4oz (465 g

Supplement Facts

Serving Size 1 Level Scoop (31g) Servings Per Container 15

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories	110		lodine (as Potassium lodide)	38 mcg	25%
Total Fat	2 g	2%*	Magnesium (as Magnesium	105 mg	25%
Total Carbohydrate	7 g	3%*	Phosphate)		
Dietary Fiber	5 g	18%*	Zinc (as Zinc Sulfate)	3 mg	25%
Total Sugars	1 g		Selenium	14 mcg	25%
Protein	17 g	34%*	(as Sodium Selenite) Copper (as Copper Sulfate)	0.2 mg	25%
Vitamin A (as Vitamin A Palmitate)	900 mcg	100%	Manganese	0.6 mg	25%
Vitamin C (as Ascorbic Acid)	90 mg	100%	(as Manganese Sulfate)	_	0.001
Vitamin D3 (as Cholecalciferol)	420 mcg	100%	Chromium (as Chromium Chloride)	9 mcg	25%
Vitamin E (as Vitamin E Acetate)	15 mg	100%	Molybdenum (as Sodium Molybdate)	11 mcg	25%
Vitamin K (as Phylloquinone)	120 mcg	100%	Sodium	230 mg	10%
			Potassium	113 mg	2%
Thiamin (as Thiamin Hydrochloride) Riboflavin	1.2 mg 1.3 mg	100%	Plant Protein Pea Protein	20 g	†
Niacin (as Niacinamide)	16 mg	100%	Fiber Blend	3.3 g	†
Vitamin B6(as Pyridoxine HCI)	1.7 mg	100%	Flaxseed Fiber, Gum Acacia, Inulin		
	00 mcg DFt 40 mcg foli		Greens Superfood Blend Barley Grass, Alfalfa Grass, Wheatgrass, Oat Grass	3 g	†
Vitamin B12 (as Cyanocobalamin)	2.4 mcg	100%	Antioxidant Fruit and Veggie Blend	2 g	†
Biotin (as D-Biotin)	30 mcg	100%	Apple (fruit), Beet Root, Broccoli (flower), Cabbac		e (leaf).
Pantothenic Acid (as D-Calcium Pantothenate)	5 mg	100%	Carrot (root), Kale (leaf), Spinach (leaf), Parsley(leaf), Blueberry (fruit), Raspberry (fruit), Strawberry (fruit),		
Calcium (as Calcium Carbonate and Dicalcium	325 mg m Phosphat	25% e)	Tomato (fruit) Herbal Blend	200 mg	+
Iron (as Ferric Orthophosphate)	5 mg	25%	Milk Thistle Seed Extract, Turmeric Rhizome, Rhodiola Root Extract	200 mg	†
Phosphorus (as Dicalcium Phosphate, 313 mg 25% Ferric Orthophosphate and Magnesium Phosphate)			*Percent Daily Values are based on a 2,000 calorie diet. + Daily Value not established.		

on a 2,000 calorie diet.

Other Ingredients: Rebaudioside A (from Stevia rebaudiana Leaf).
Contains: Wheat (Wheatgrass)

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