STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1-4 capsules daily. Consume with food.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

Scan to learn about our hypoallergenic supplements

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pure encapsulations®

Magnesium

(glycinate)

For sensitive individuals; Supports cardiometabolic, neurocognitive and musculoskeletal health‡

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

180 CAPSULES

GF

Supplement Facts

Serving size 1 capsule
Servings per container 180

Amount Per Serving	%DV
Magnesium (as magnesium glycinate) 120 mg	29%
% Daily value (DV)	

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

v5
code: **MG1**