

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 1-3 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



pure
encapsulations[®]

Methylcobalamin
1,000 mcg

*Supports energy production,
neurological health and
emotional wellness[†]*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

180 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 180

	Amount Per Serving	%DV
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	41,667%
% Daily value (DV)		

Other ingredients: hypoallergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **MT1**