

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1-4 capsules daily. Consume with food.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.
Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



Magnesium (citrate)

Supports cardiometabolic, neurocognitive and musculoskeletal health†

Gluten-free, Non-GMO & Hypoallergenic
Dietary Supplement
90 CAPSULES



Supplement Facts		
Serving size 1 capsule Servings per container 90		
Amount Per Serving	%DV	
Magnesium (as magnesium citrate)	150 mg	36%
% Daily value (DV)		

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.