

Directions:

Adults and children 12 years and older take 2 softgels daily.

Keep out of reach of children.

Do not bite or chew. Do not use if safety seal is broken or missing.

Let's Grow Together

Find out more at naturesway.com



Just two
easy-to-swallow
softgels a day.

Balanced Formula

1250 mg dose of EPA/DHA
+ Vitamin D

Fresh Mint Flavored

No fishy burp back

Guaranteed Pure

View test results online
at purecheck.net



Pure™
Check for yourself.



NutraSea^{+D}™

Omega-3
Softgels®

1250 mg
EPA / DHA
+25 mcg Vit. D
per 2 softgels

60 Softgels | Fish Oil Supplement

Supplement Facts

Serving Size 2 Softgels
Servings per Container 30

Amount per Serving		% DV
Calories	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	5 mg	2%
Vitamin D (as cholecalciferol)	25 mcg	125%
Fish Oil	1.8 g	**
Total EPA/DHA	1.25 g	**
Eicosapentaenoic Acid (EPA)	750 mg	**
Docosahexaenoic Acid (DHA)	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: gelatin, glycerin, purified water, natural flavor, preservatives to maintain freshness (mixed tocopherols, green tea extract), medium chain triglycerides

Contains fish (anchovies, sardines, mackerel).



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Questions?
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