

Directions:
Adults and children 12 years
and older take 4 softgels
daily. Do not bite or chew.

**Keep out of reach of
children.** Do not use if
safety seal is broken or
missing.

Let's Grow Together
Find out more at naturesway.com



**1500 mg of EPA
per serving**

Unique 3:1 EPA to DHA ratio

**Easy-to-Swallow
Softgels**

Lemon essence means
no fishy burp back

Guaranteed Pure

View test results online
at purecheck.net

†as compared to NutraSea™ Omega-3



Pure™
Check for yourself.



NutraSea^{hp}™
Omega-3

Extra Strength†



**1500 mg
EPA/500 mg
DHA**
per 4 softgels

120 Softgels | Fish Oil Supplement

Supplement Facts

Serving Size 4 Softgels
Servings per Container 30

Amount per Serving	% DV	
Calories	45	
Total Fat	4.5 g	6%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	**
Polyunsaturated Fat	3 g	**
Monounsaturated Fat	1 g	**
Cholesterol	15 mg	5%
Protein	1 g	2%†
Fish Oil	4.5 g	**
Total EPA/DHA	2 g	**
Eicosapentaenoic Acid (EPA)	1.5 g	**
Docosahexaenoic Acid (DHA)	500 mg	**

†Percent Daily Values (DV) are based on a 2,000
calorie diet. **Daily Value not established.

Other ingredients: gelatin, glycerin, purified
water, natural flavor, preservatives to maintain
freshness (mixed tocopherols, green tea extract)

Contains fish (anchovies, sardines, mackerel).

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Questions?
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