Warning: Do not use this product if pregnant, nursing, attempting to become pregnant, or under the age of 12. Do not exceed recommended dose, or take longer than the recommended period, as frequent or prolonged use may result in dependence. Do not use when abdominal pain, nausea or vomiting are present. Consult your healthcare professional if you notice a sudden change in bowel habits that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult your healthcare professional. This product contains Slippery Elm. Slippery Elm should not be taken together with any medication as it may interfere with their absorption. If you have diabetes, consult your healthcare professional.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

Contains no sugar, yeast, soy, dairy products, artificial colors, flavors, or preservatives.

VEGETARIAN

♠ LE08416.A01 BLK841A



DRUG ADMINISTRATION. Prevent any disease. *THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & I THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR



Laxative-3 Blend

Synergistic Blend for Occasional Constipation*

Digestive Regularity*

60 TABLETS . DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets / Servings per Container 30

Amount per Serving		% DV
Total Carbohydrate	1 g	<1%†
Sodium	5 mg	<1%
Magnesium Hydroxide	1.7 g	**
Proprietary Mucilage Blend Marshmallow Root Extract, Slippery Elm Bark, Fenugreek Seed Extract	433 mg	**
Proprietary Soothing Blend Fennel Seed, Ginger Rhizome Extract, Peppermint Leaf	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, hypromellose, magnesium stearate, glycerin, silicon dioxide Recommendation: Take 2 tablets at bedtime. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use. Do not take more than 2 tablets in a 24-hour period or use the maximum dosage for more than 7 days. Not for long term use.

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