

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules, 1-2 times daily, with or between meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements



Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Calcium Magnesium (citrate)

*Mineral chelates for
healthy bones[†]*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

90 CAPSULES



Supplement Facts

Serving size 3 capsules
Servings per container 30

	Amount Per Serving	%DV
Calcium (as calcium citrate)	240 mg	18%
Magnesium (as magnesium citrate)	240 mg	57%
% Daily value (DV)		

Other ingredients: vegetarian capsule (cellulose, water),
ascorbic acid

**†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.**