

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 serving mixed in 8-10 oz water, 20 minutes before intense exercise, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Electrolyte/Energy formula Features

- Provides a unique blend of minerals and carbohydrates
- Replenishes electrolytes lost during exercise to support muscle function and may lessen the perception of exertion[†]
- Offers a blend of glucose and maltodextrin as a source of rapidly absorbed energy to spare glycogen stores and to delay fatigue[‡]
- Supports peak ATP production with the precursor ribose to promote rapid energy repletion during intense exercise[‡]
- Includes vitamin C to protect muscles from free radicals generated during exercise and to enhance tissue recovery[‡]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



This product was sealed for your protection. Do not use if box contents are open or damaged. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Electrolyte/
Energy
formula
(stick packs)

Convenient, go-anywhere stick packs;
Supports hydration, stamina
and electrolyte repletion[†]

Natural Pomegranate Flavor

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

30 SINGLE-SERVING STICK PACKS

Supplement Facts

Serving size 1 stick pack (approximately 10.8 g)
Servings per container 30

	Amount Per Serving	%DV
Calories	30	
Total Carbohydrate	8 g	3% [^]
Total Sugars	4 g	*
Includes 4g Added Sugars		8% [^]
Vitamin C (as ascorbic acid)	80 mg	89%
Calcium (as calcium citrate)	50 mg	4%
Magnesium (as magnesium citrate)	50 mg	12%
Sodium (as sodium citrate)	170 mg	7%
Potassium (as potassium phosphate)	50 mg	1%
D-Ribose	200 mg	*
Malic acid	100 mg	*

*Daily value (DV) not established

[^]Percent daily values are based on a 2,000 calorie diet

Other ingredients: natural pomegranate juice powder, glucose, maltodextrin, red beet root powder

manufactured by: Pure Encapsulations
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

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