

**REFRIGERATE AFTER OPENING
SHAKE WELL BEFORE USE**

Recommendations: As a dietary supplement, take 1 teaspoon daily, with or between meals, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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pure
encapsulations[®]

Cod Liver Oil

*Cold-pressed, molecularly distilled Norwegian cod;
Essential omega-3 fatty acids with vitamin A
and D for daily wellness[†]*

Gluten-free & Non-GMO

Dietary Supplement

200 ml (6.8 fl oz)

Supplement Facts

Serving size 1 teaspoon (5 ml / 0.17 fl oz.)

Servings per container 40

	Amount Per Serving	%DV
Calories	40	
Total Fat	4.5 g	6% [^]
Saturated fat	0.5 g	3% [^]
Polyunsaturated fat	1.5 g	*
Monounsaturated fat	2.5 g	*
Cholesterol	15 mg	5% [^]
Vitamin A (naturally occurring)	540 mcg	60%
Vitamin D (naturally occurring)	4.5 mcg (180 IU)	23%
Fish liver oil concentrate (cod) providing (typical):	4,615 mg	*
EPA (eicosapentaenoic acid)	320-510 mg	*
DHA (docosahexaenoic acid)	460-640 mg	*

* Daily value (DV) not established

[^] Percent daily values are based on a 2,000 calorie diet

Other ingredients: natural lemon flavor, proprietary antioxidant blend (rosemary leaf extract, ascorbyl palmitate, natural tocopherols)

Contains fish (cod)

This formula requires refrigeration after opening. Best when consumed within 90 days after opening. Contents may appear cloudy when refrigerated. Contents may precipitate; shake well.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for: **Pure Encapsulations**

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code: **CLO2**

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