

Suggested Use: As a dietary supplement take 1/2-1 mL (14-28 drops) 2-3 times daily in a small amount of water.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

USE ONLY IF SEAL IS UNBROKEN

SHAKE WELL. KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Alcohol Free Liquid Extract

Blue Cohosh

Root

1 fl. oz. (30 mL)

Herbal Supplement

Supplement Facts

Serving Size: 1 mL (approx. 28 drops)

Servings per container: 30

Each serving contains: Blue Cohosh Root (1:1)
Extract 1,000 mg †

† Daily Value (DV) not established

Other Ingredients: Vegetable Glycerin, Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.
3401 W. 37th Ave. Hobart, IN 46342



7

0

3

3

0

8

2

0

0

8

3

6