

Amount per Serving		% DV
Potassium (as potassium aspartate)	100 mg	3%
Cinnamon (Cinnamomum aromaticum) Bark Extract	300 mg	**
Choline Bitartrate	215 mg	**
Protective Blend: sweet cherry fruit extract, green tea leaf extract, grape seed extract, pomegranate fruit extract, japanese knotweed root extract standardized to 50% resveratrol (3 mg)	118 mg	**
Digestive Blend: ginger rhizome extract, radish root	102 mg	**
Vegetable Blend: broccoli flower, cabbage leaf, carrot root, collard greens, radish sprouts, tomato fruit, mustard greens, kale leaf, spinach leaf	50 mg	**
Inositol	30 mg	**
Betaine HCl	25 mg	**
Cranberry Fruit	25 mg	**
Bilberry Fruit Extract	10 mg	**
Boron (as sodium borate)	3 mg	**
Lutein	1.5 mg	**
Silicon (as magnesium trisilicate)	1 mg	**
Vanadium (as vanadyl sulfate)	100 mcg	**
Zeaxanthin	75 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
 **Daily Value not established.

Other ingredients: cellulose, hypromellose, sodium croscarmellose, magnesium stearate, glycerin, stearic acid, silicon dioxide, acacia gum, maltodextrin

Caution: If pregnant, nursing, have a blood clotting disorder, or taking any medications, consult a healthcare professional before use. People with diabetes should monitor blood glucose levels regularly.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, soy, yeast, wheat, dairy products, artificial colors, flavors, or preservatives.

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Questions? 1-800-783-2286 / enzy.com

For more than 20 years, Doctor's Choice™ multivitamins have been a smart choice for consumers who want a total-body wellness formula with the unique blend of vitamins, minerals and other select nutrients specially tailored to their age and gender.

Doctor's Choice for 45+ Women
—Nutrition That Delivers—

In addition to providing a full range of essential vitamins and minerals, Doctor's Choice 45+ Women offers these targeted beneficial components:

- Antioxidants, Vitamin C, Vitamin E & Selenium, to support your stage of life*
- Digestive Blend & Betaine HCl to support digestion*
- Vegetable Blend to provide important phytonutrients

Each tablet also contains the urinary health-supporting herb, cranberry* and other wholesome ingredients like bilberry, lutein and zeaxanthin – with many more beneficial ingredients to comprise a comprehensive multivitamin that:

- Provides balanced nutrition*
- Supports immunity*
- Has high-potency B vitamins to help convert food to energy*

It is the right choice for better living!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ENZYMATIC
THERAPY.

DOCTOR'S
choice™
multivitamin

45+ WOMEN

DAILY RX FOR:
BALANCED NUTRITION
IMMUNE SUPPORT*
B VITAMINS FOR ENERGY
CONVERSION*

180 TABLETS

DIETARY SUPPLEMENT

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Recommendation: Take 6 tablets daily with water. May take 3 tablets twice daily. Best if taken with food.		
Supplement Facts		
Serving Size 6 Tablets / Servings per Container 30		
Amount per Serving		% DV
Calories	5	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	2 g	8%†
Vitamin A (75% as beta carotene and as retinyl acetate)	5,000 IU	100%
Vitamin C (as potassium ascorbate)	300 mg	500%
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	60 IU	200%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	90 mg	450%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	500%
Calcium (as calcium carbonate, tricalcium, phosphate and calcium citrate)	800 mg	80%
Iodine (as potassium iodide)	450 mcg	300%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg	75%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	5 mg	<1%



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