Recommendation: Adults chew 2 gummies twice daily with or without food, or as recommended by a healthcare professional.

If pregnant, nursing or taking any medications, consult a healthcare professional before use.

## **Supplement Facts**

Serving Size 2 Gummies / Servings per Container 30

Amount per Serving		% DV
Calories	25	
Total Carbohydrate	7 g	2%†
Sugars	5 g	**
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Calcium (as tricalcium phosphate)	500 mg	50%
Phosphorus (as tricalcium phosphate)	230 mg	23%
Sodium	15 mg	<1%

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Orchard Fruits™ & Garden Veggies™ Blend Orange, Blueberry, Carrot, Pomegranate.

Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape,

Açaí, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato

†Percent Daily Values (DV) are based on a 2.000 calorie diet. \*\*Daily Value not established

Other ingredients: organic tapioca syrup, cane sugar, pectin, citric acid, color (black carrot juice concentrate), natural flavors. vegetable oil (palm and coconut), beeswax

- Each Serving Provides:
  - 500 mg of Calcium
- 1,000 IU of Vitamin D3
- Made with Pectin (No Gelatin)
- Great Tasting Cherry and **Strawberry Flavors**
- Sweetened with Tapioca Syrup

GLUTEN FREE. No gelatin, dairy, yeast, wheat, soy, peanuts, eggs, artificial flavors or preservatives.

Keep out of reach of children. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight.

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Questions? 1-800-9NATURE / naturesway.com

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**Breast Health\*** 



Muscle Function\*

Calcium + D<sub>3</sub> Orchard Fruits"/Garden Veggies" Blend (100 mg per serving) **60** GUMMIES CALCIUM + VITAMIN D3 SUPPLEMENT

Gluten Free • No Gelatin