



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969



**Full Spectrum[®]
Blessed
Thistle**
Herbal Supplement

90 capsules • 400 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule two to three times per day with water.

WARNING: Do not take this product if you are pregnant or nursing or if you have ulcers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Blessed Thistle 400 mg*
(Cnicus benedictus) (aerial parts)

*Daily Value not established.

Other ingredients: Gelatin, stearic acid, may contain one or both of the following: magnesium stearate, silica.

Rev 0 04 28 17

 
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TO REORDER, CALL TOLL FREE 1-800-437-4148
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