INFORMED-CHOICE NSF Certified Trusted by sport

Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING	PROTEIN	CALORIES	CARBS	FAT	SUGAR	BCAAs	LEUCINE
	30g	180	5g	4g	4g	6.6g	3.2g

Dymatize Athlete's Whey is the perfect anytime protein. Whether you are preparing for a hard workout, recovering from the gym or simply looking to increase your protein intake, Athlete's Whey can help you achieve your fitness goals.

FAST-DIGESTING, FAST-ABSORBING, 100% WHEY PROTEIN.

Make the most of your workouts with Athlete's Whey. Each serving of Athlete's Whey is packed with 30g of protein from high-quality, fast-digesting and absorbing whey protein concentrate to support even the most rigorous athletic and fitness goals.

Athlete's Whey is formulated by in-house research and development scientists by carefully selecting ingredients that meet our high quality standard and specifications.

All Athlete's Whey protein powders are instantized for easy mixing ensuring that you get world-class taste and consistency from every serving.

Athlete's Whey flavors are developed in-house so they are delicious every time you enjoy an Athlete's Whey shake. Think of it as an indulgent, smart reward for your hard work and dedication.

REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in univers ity studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

DYMATIZE PROTEIN ETHICS

100% of the protein claimed per serving is derived from high-quality, intact proteins. We do not amino spike.



GET DYMATIZED®

INFORMED-CHOICE NSF Certified Trusted by sport BANNED SUBSTANCE TESTED

PROTEIN	CALORIES	SUGAR	BCAAs
30g	180	4g	6.6g

ATHLETE'S WHEY

Dymatize®

PROTEIN POWDER
100% WHEY PROTEIN*
NO ADDED SUPPLEMENTS

40 SERVINGS
GLUTEN FREE



*100% of the Protein is from Whey Protein Isolate.
Notice: Use this product as a food supplement only. Do not use for weight reduction.

NET WT 64.9 OZ (4.06 LB) 1.8 kg

SOLD BY WEIGHT NOT VOLUME

INGREDIENTS: WHEY PROTEIN CONCENTRATE, COCOA POWDER PROCESSED WITH ALKALI, SOY LECITHIN, SUNFLOWER LECITHIN, GUM, XANTHAN GUM, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR, SUCRALOSE.

CONTAINS: MILK AND SOY.

Manufactured for and distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75207 USA
(888) 334-5326

Dymatize
PERFECTING ATHLETIC NUTRITION

Nutrition Facts

Serving Size: 1 Scoop (46g)
Servings Per Container: 40

Amount Per Serving	
Calories 180	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 110mg	37%
Sodium 250mg	10%
Potassium 330mg	9%
Total Carbohydrate 5g	2%
Dietary Fiber <1g	4%
Sugars 4g	
Protein 30g	60%
Vitamin A 2% • Vitamin C 2%	
Calcium 25% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

DIRECTIONS: Formulated for easy mixing. Add two scoops (included) to 9-10 fl. oz (240ml-300ml) of water, milk or your favorite beverages and mix thoroughly. Enjoy prior to workouts, within 30 minutes after workouts or anytime you desire a high-quality, high-protein drink.

TYPICAL AMINO ACID PROFILE**

30g TOTAL AMINO ACIDS PER SERVING

BCAAs 6.6g
LEUCINE 3.2g
OTHER EAAs 7.5g
GLUTAMINE* 5.2g
OTHER CEAAs 2.9g
NON-EAAs 7.8g

47% ESSENTIAL AMINO ACIDS (EAAs) **14.2g**

Why Leucine?
Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

27% CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs) **8.2g**

Is Glutamine important?
Yes! Glutamine supports muscle recovery after strenuous workouts.

26% NON-ESSENTIAL AMINO ACIDS (NON-EAAs) **7.8g**

Why is non-essential... essential?
Non-Essential amino acids are fundamental building blocks of muscle!

**Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: Dymatize.com/WheteseWhey
*Includes Glutamic Acid

MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

DYMATIZE.COM

REV001