

GNC Preventive Nutrition® products have been scientifically developed utilizing the expertise of the GNC Medical Advisory Board. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen. This line of products is precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns.

DEVELOPED WITH AND ENDORSED BY



ADVANCED KNOWLEDGE FOR BETTER HEALTH

The GNC Medical Advisory Board utilizes their in-depth medical knowledge and experience to aid in the creation and ongoing development of GNC products, helping GNC stay on the forefront of product innovation and delivering on our commitment to helping you LIVE WELL.

GNC QUALITY COMMITMENT For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



resVida® is a trademark of DSM.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.

Preventive Nutrition® Brain Health Formula contains a potent blend of clinically studied ingredients, additional key nutrients and a lifestyle program designed to support brain and memory health.* This multi-action formula supplies nutrients that can help prevent the breakdown of key neurotransmitters in the brain, enhance blood flow and maximize brain and memory function.*

Brain Function Support – Features key nutrients including huperzine A, tyrosine and choline to promote healthy neurotransmitter function.* Phosphatidylserine and premium forms of vitamins B-6 and B-12 offer added support to help maintain nervous system health.*

Blood Flow & Circulation Support – Contains premium nutrients to support healthy blood flow and circulation including resVida® Resveratrol, clinically shown to enhance blood vessel dilation,[†] and ginkgo biloba, which supports increased peripheral blood flow.*

Antioxidant Support – Provides powerful antioxidants including lutein, astaxanthin, turmeric, bacopa monnieri, ashwagandha and ginger that work to protect healthy cells from oxidative damage caused by harmful free radicals.* The superior form of lutein in this formula is clinically shown to have 268% greater bioavailability than regular lutein.[^]

[†]In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

[^]In a randomized, double-blind, crossover study of 13 healthy volunteers, subjects took 20 mg of lutein in the form of Lutemax 2020™ or regular lutein on two occasions. Lutemax 2020™ resulted in statistically significantly higher lutein concentrations in the blood over the first 24 hour period in the subjects compared to when they took regular lutein.

GNC

PREVENTIVE NUTRITION®

Brain Health FORMULA

PHYSICIAN FORMULATED
NUTRITION SOLUTIONS

- Features clinically studied ingredients to support memory function & retention*
- Provides a powerful neuro-protective complex to help prevent the breakdown of key neurotransmitters*
- Improves circulation for delivery of key nutrients for brain health*

DIETARY SUPPLEMENT
60 CAPLETS



GNC 714112

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	50 mg	83%
Vitamin D-3 (as Cholecalciferol)	200 IU	50%
Vitamin B-6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	50 mg	2500%
Folic Acid (as Folic Acid and 5-Methyltetrahydrofolate)	100 mcg	25%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1666%

Brain Function Support Blend

L-Tyrosine	500 mg	*
Choline (as Choline Bitartrate)	100 mg	*
Acetyl L-Carnitine (as Acetyl L-Carnitine Hydrochloride)	100 mg	*
Phosphatidylserine	100 mg	*
DMAE (2-(Dimethylamino)ethanol)	10 mg	*
Huperzine A	100 mcg	*

Blood Flow & Circulation Support Complex

Ginkgo biloba Leaf Extract (24% Ginkgo Flavonoglycosides 28.8 mg, 6% Terpene Lactones 7.2 mg)	120 mg	*
Turmeric Root Extract (<i>Curcuma longa</i>)	50 mg	*
resVida® trans-Resveratrol	30 mg	*
Astaxanthin	1 mg	*

Antioxidant Support Blend

Bacopa Monnieri Leaf Extract	100 mg	*
Ashwagandha Root Extract (<i>Withania somnifera</i>)	50 mg	*
Ginger Root Powder (<i>Zingiber officinalis</i>)	23 mg	*
Lutemax 2020™ Lutein	7 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not exceed recommended intake.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.