

BODYTECH®

GLUTAMINE

ANTI-CATABOLIC RECOVERY AGENT ▲

ALSO SUPPORTS IMMUNE FUNCTION ▲



MUSCLE
RECOVERY ▲

NET WT. 4 oz. (113g)

UNFLAVORED
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Heaping Teaspoon (4.5g)

Servings Per Container About 25

	Amount Per Serving	% Daily Value
L-Glutamine (a free form amino acid)	4.5 g	*

* Daily Value not established.

Other ingredients: None.

Does not contain: Gluten, Sugar, Salt, Preservatives,
Artificial Colors or Flavors.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.

DIRECTIONS: Mix one (1) heaping teaspoon (4.5g) with 6-8 oz. of water or your favorite beverage and consume daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

L-Glutamine is the single most abundant amino acid in the human body. It is involved in regulating protein synthesis and has been shown to possess Anti-Catabolic properties to help preserve muscle. Intense exercise can deplete glutamine stores, however, supplemental glutamine is thought to replenish these stores allowing for enhanced recovery. ▲

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Item No. VS-2089

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