



liquid iron

blackberry vanilla

easily absorbed[†]

non-constipating[†]

herb
8 fl. oz. (236.5 mL)
dietary supplement

gluten
free

dairy
free

soy
free

nut
free

Supplement Facts

Serving Size 1 Teaspoon (5 mL)

Servings Per Container About 47

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1% [†]
Iron (as Ferrous Bisglycinate Chelate)	10 mg	55%
Wild Crafted Yellow Dock Root (<i>Rumex crispus</i>)(root)	100 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Vegetable glycerin, deionized water, blackberry juice concentrate, citric acid, vanilla natural flavor.

Does not contain: Gluten, Salt, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) teaspoon (5 mL), up to twice daily. Children ages 1-4, take 1/2 teaspoon (2.5 mL), up to twice daily.

Shake well before using.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



Item No. VS-3662

2161248

