



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum®
**Herbal
Digestive
Care**
with Licorice, Ginger,
Fennel & Peppermint
Herbal Supplement

90 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to three times per day with water.

WARNING: Long-term, high level use is not recommended. Do not take this product if you are pregnant or nursing or if you have gallbladder problems or a liver disorder. Consult your healthcare provider before use if you are currently taking any prescription medications or receiving medical treatment.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Fennel Seed (<i>Foeniculum vulgare</i>)	150 mg*
Ginger Root (<i>Zingiber officinale</i>)	150 mg*
Licorice Root (<i>Glycyrrhiza glabra</i>)	150 mg*
Peppermint (<i>Mentha piperita</i>) (leaves)	150 mg*

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
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