



vitamin
120 capsules
dietary supplement

biotin
10,000mcg

supports hair, skin, nails[▼]
nutrient metabolism[▼]
energy production[▼]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Biotin	10,000 mcg (as d-biotin)	33330%

Other ingredients:

Microcrystalline cellulose,
gelatin, silicon dioxide.

Does not contain: Gluten, Salt,
Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) capsule daily,
preferably with a meal.

WARNING: Consult your healthcare
provider prior to use if you are pregnant,
nursing, taking any medication or have any
medical conditions.

▼ These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No. VS-3292

2097871

