



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®] Kale

Herbal Supplement



60 veggie capsules • 400 mg

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one veggie capsule two times per day with water.

WARNING: Consult your healthcare provider before use if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Kale (*Brassica oleracea* acephala) 400 mg*
(leaf)

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), microcrystalline cellulose (plant fiber), rice extract blend, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



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