



vitamin
60 capsules
dietary supplement

biotin

10,000mcg

supports hair, skin, nails[▼]
nutrient metabolism[▼]
energy production[▼]

gluten
free

soy
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
-----------------------	------------------

Biotin 10,000 mcg (as d-biotin)	33330%
------------------------------------	--------

Other ingredients: Microcrystalline cellulose, gelatin, silicon dioxide.

Does not contain: Gluten, Sugar, Salt, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) capsule daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit
vitaminshoppe.com
or call
1-800-223-1216.

Item No. VS-3291

2097848

E
S



37

7

66536 03291

4