



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Okra Pepsin

Dietary Supplement

90 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to three times per day after a meal.
WARNING: Consult your healthcare provider before use if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
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Vitamin E (as d-alpha tocopheryl succinate)	6.7 mg 45%
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Okra (Abelmoschus esculentus) (pods)	100 mg *
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Pepsin 1:10,000 (contains milk)	20 mg *
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Alginic Acid (from sodium alginate)	1 mg *
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*Daily Value not established.

Other ingredients: Brown rice flour, gelatin, ethylcellulose, may contain one or both of the following: magnesium stearate, silica.
Contains milk.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
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