



bringing wellness to the world since 1969

MSR-3

Mushroom Polysaccharide Complex

Dietary Supplement

65 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take four capsules per day with water. For best results, MSR-3 should not be consumed simultaneously with other supplements or with food.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are currently taking any prescription medications or receiving medical treatment. Discontinue use if unusual symptoms occur.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 16

Amount Per Serving	% Daily Value
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Calories	10
Total Fat.....	3 g 4%†
Saturated Fat.....	1 g 5%†
Total Carbohydrate.....	3 g 1%†
Dietary Fiber	2 g 7%†
Protein.....	4 g 8%†
Calcium (from dicalcium phosphate).....	320 mg 25%

Natramune® Mushroom Polysaccharide.....	1 g
Complex Proprietary Blend	
Arabinoxylane (water-soluble polysaccharide extract)	*
Rice Bran	*
Fatty Acids (waxes extract).....	*
3 Mushroom Mycelia Extract (from maitake,	*
shiitake and reishi mushrooms)	
L-Cysteine.....	*
L-Carnosine.....	*
Colostrum	*

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, silica.

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TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

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