



magnesium oxide

400mg

mineral
200 capsules
dietary supplement

energy production^v
muscle relaxation^v
once daily^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

| | Amount Per Serving | % Daily Value |
|-----------------------------------|-----------------------|------------------|
| Magnesium (as magnesium oxide) | 400 mg | 95% |

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silicon dioxide.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) capsule daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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